






DECEMBER 2025 YUCCA VALLEY -SAN BERNARDINO COUNTY



Monday	Tuesday	Wednesday	Thursday	Friday
1 pepper steak brown rice butternut squash apricots	2 turkey & cheese sandwich broccoli & cauliflower salad mandarin oranges	3 lemon pepper chicken breast rosemary red potatoes mixed vegetables pineapple tidbits	4 battered fish tacos black bean salad fajita mixed corn apple	5 (**) BBQ pork riblet au gratin potatoes carrot salad tropical fruit tapioca pudding
8 shepherd's pie broccoli fruit cocktail whole-wheat bread	9 chili con carne carrot coins mandarin oranges cornbread	10 sliced turkey breast spinach mashed red potatoes; peas gelatin w/diced pears whole-wheat bread	11 chicken cacciatore capri vegetables tropical fruit whole-wheat roll vanilla icecream	12 breaded fish sandwich on whole-wheat bun coleslaw green beans fresh orange
15 sweet & sour chicken brown rice peas pineapple tidbits	16 cheese tortellini w/marinara sauce Brussels sprouts fresh pear whole-wheat bread	17 herb chicken w/parmesan & pasta winter vegetables peaches	18 (**) ham w/raisin sauce au gratin potatoes green beans mixed fruit; dinner roll white cake w/cherries	19 mandarin pork chops garden rice spinach fresh apple
22 lemon butter baked cod garden rice roasted red potatoes Brussels sprouts peaches, pudding	23 spaghetti w/veggie meatballs zucchini & onion Golden Delicious apple garlic toast	24  Center Closed	25 Center Closed 	26 grilled chicken breast sandwich on whole-wheat bun carrots w/ranch dip mandarin oranges
29 breakfast burrito w/egg, hash browns, black beans & cheese yogurt, peaches cranberry juice	30 chicken salad on lettuce bed winter blend veg salad apricots whole-wheat crackers	31 Center Closed 	1/1 Center Closed 	

SENIOR NUTRITION OFFICE
(951) 342 – 3057
 Lunch served from 11:30am–12:30pm

Grand Terrace (909) 514-1672
***Joshua Tree** (760) 366-2471
Mentone (909) 794-5280
Redlands (909) 793-6999
Casa DeLaVista (909) 335-8888
Twenty Nine Palms (760) 361-1410
Yucaipa (909) 918-4306
***Yucca Valley** (760) 257-5761
**lunch served from 11:00am–12noon*

Your voluntary contribution of \$3.00 helps us to continue providing you with a nutritious meal.

THANK YOU

Please see your FSA site contact with any questions or comments on your meal and service experience today

*Minimum age 60 to participate
 Guests under 60, fee is \$9.75*




SERVICES HAVE BEEN PROVIDED BY SAN BERNARDINO COUNTY DEPARTMENT OF AGING AND ADULT SERVICES - PUBLIC GUARDIAN. THE MATERIALS OR PRODUCT WERE A RESULT OF A PROJECT FUNDED BY A CONTRACT WITH THE CALIFORNIA DEPARTMENT OF AGING.

(800) 510-2020

FAMILY SERVICE ASSOCIATION
 21250 Box Springs Road, Suite 212
 Moreno Valley, CA 92557
www.fsaca.org

1% Milk is served with every meal.
() INDICATES A HIGH SODIUM MEAL - OVER 1,000mg**
MEALS are subject to CHANGE due to the availability of food products