57090 Twentynine Palms Hwy,
Yucca Valley, CA 92284
(760) 853-0208

Hello November 2025

Monday-Thursday 9 am-2pm
Friday 9am-12:30pm

Yucca Valley Senior Center Activity Calendar

Mon	Tue	Wed	Thu	Fri	Sat
Turn the clocks back Remember to move your clocks back one hour. **November 2nd**					1 Senior Club Saturday BINGO 12:30– 5:00pm
2	3 9-10:30 Hot Chocolate Bar 9-12 THRIFT STORE 11:00 Lunch 11:30-1:00 "Dead of the Dead" Themed Adult Coloring Class 12:15 Jing's Chair Yoga	4 9:00 Balance Class 9:30-12 Maxim Healthcare 10:00 Zumba 10:00 Healthy Hands 10:30 Posture Class 11:00 Lunch 9-1pm Haircuts By Appointment Only Fresh Look for the Holidays	5 9:30-11 NAVY FEDERAL Credit Union 10:00 Office of Aging Free Bus Passes 9-12 Joseph w/SCAN 10:00 No Pilates Today 11:00 Lunch 11:45-1pm DANCE Music by: THE WILDCATS	6 9-10:30 Old Fashioned Hot Cocoa Bar 9:00 Move Well Live Well Balance Class with Joshua 10:00 Healthy Hands 10:30 Stretch Class 11:00 Lunch 11:45 Angel crafts & creations	7 9:15 Coffee Time 9:15 Chi Gung 11:00 LUNCH Bread Giveaway NO BINGO TODAY!	8 Yucca Valley Film Festival November 7th-9th
9	10 9:00 Hot Chocolate Bar Desert Oasis Healthcare Medicare Seminar 10am and 2pm 2026 MEDICARE IMPORTANT CHANGES 11:00 Lunch	11 Veterans Day Breakfast Celebration for Veterans and their plus one! 8:30-10:30am Senior Center Closed	12 9:15 Chi Gung 10:15 Pilates w/Shawn Hosted at YV Community Center 11:00 Lunch Birthday Celebration Sponsored by: Bilhartz Insurance 12:15 Chair Fitness 6:30 Sound Bath with Petra RSVP Required	13 9:00 Hot Cocoa Bar 10:00 Move Well Live Well Balance Class with Joshua 10:00 Healthy Hands 10:30 Stretch Class 11:00 Lunch 12:00 It's Line Dance Time!	14 9:00am Joshua's Senior Cardio Fitness 11:00 Lunch 12:30-5:00pm Senior Club Bingo	15
16	17 9:00 –Noon Thrift Shop day 9:00 Hot Cocoa Bar 10:15 Fit & Firm 10-12 SENIOR BENEFIT ASSISTANCE w/ Dena Appointment Needed 12:15 Chair Yoga with Jing	18 9:00 Balance Class 10:00 Pain & Disability Support Group 10:15 Zumba 9:30-3:30 Low Vision Program Braille Institute 11:00 Lunch 12:00 Line Dancing	19 9:15 Chi Gung 10:15 Pilates w/Shawn 11:30 Lecture/ Discussion on Staying Healthy in Winter Morongo Basin Healthcare 11:00 Lunch 12-1:30 Holiday Adult Coloring Class 12:15 Shawn's Chair Exercises	20 9:15 Coffee Time 11-2pm Thanksgiving Lunch Program with entertainment by: Tommy Dodson Yucca Valley Community Center	21 9:00am Joshua's Senior Cardio Fitness 11:00 LUNCH 12:30-5:00 Senior Club Bingo	22
23	24 9:00 Hot Cocoa Bar 9:30–1:00 Fun Craft Making Personal Reflection Boards 10:15 Fit & Firm 11:00 Lunch 12:15 Chair Yoga with Jing	25 9:00 Balance Class 10:00 Healthy Hands 10:15 Zumba fitness 10:30 Posture Class 10:30 scan Medicare Educational Talk 11:00 Lunch 12:00 LINE DANCING	26 9:00 Chi Gung 10:15 Pilates w/Shawn 11:00 Lunch 12:15 Chair Exercises 11:45 Movie Afternoon Classic Movie Mrs. Doubtfire	27 Sorry WE'RE CLOSED Thanksgiving Holiday	28	29

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208.
San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m.