



# February

## Yucca Valley Senior Center Activity Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HOURS OF OPERATION Monday - Thursday 9 am - 2pm Friday 9 am - 12:30 pm					Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208	






The Yucca Valley Senior Center Building will be closing on January 31st for remodeling. Senior meals & programs will move to the Community Center and resume on February 18th

Details on the back of this Calendar

2	3	4	<b>American</b>  <b>Heart Month</b>		6	7	8
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Senior Center Two week closure as we move operations to the Community Center

9	10	11	12	13	14	15
 <b>Closed</b>		<b>Closed</b>			 <b>Closed</b>	

16	17	18	19	20	21	22
 <b>Closed FOR PRESIDENT'S DAY</b>		<b>Re-Opening</b> 9:00 Balance Class 10:00 Office of Aging 11:00 Lunch Bus Passes 11:45 Pain Management 11:30 Craft Class by the Alzheimer's Association (Held in the Old Library) 10:00 Zumba Held in the Yucca Room	9:15 Chi Gung 10:00 Social Time 9-12 Thrift Store Day 11:00 Lunch (Held in the Old Library) 10:15 Pilates 12:15 Chair Fitness with Shawn Held in the Yucca Room	9:00 Balance Class 10:30 Posture Class 11:00 Lunch (Held in the Old Library) 9:30 Mobile Food Pantry (North Parking lot Area) 12:30-1:30 <b>Line Dancing!</b> Held in the Yucca Room	9:00 Coffee 11:00 Lunch (In the old Library) 12:30-5:30 Senior Club BINGO  Yucca Room-CC	
23	24	25	26	27	28	
9:00 Social Time 10:00 Senior Assistance 10:30 Bread Giveaway 11:00 Lunch (Held in the Old Library) 10:00 Fit & Firm 12:15 Chair Yoga Held in the Yucca Room 	9:00 Balance Class 10:00 Bus Passes 11:00 Lunch with Birthday Celebration Sponsored By Ellhartz Ins (Held in the Old Library)  Held in the Yucca Room	9:15 Chi Gung 10:00 Social Time 11:00 Lunch 12-1 Puzzles/Games (Held in the Old Library) 10:15 pilates 12:15 Chair Fitness Held in the Yucca Room	9:00 Balance Class 10:30 Posture Class 9-12 Thrift Store Day 11:00 Lunch (Held in the Old Library) 12:30-1:30 <b>LINE DANCING!</b> Held in the Yucca Room	9:00 Coffee 11:00 Lunch (In the old Library) 12:30-5:30 Senior Club BINGO  Yucca Room-CC		

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m.