

Yucca Valley Senior Center Activity Calendar



December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				Monday-Thursday 9 am-2pm Friday 9am-12:30pm		
1 9-11 Ht Cocoa Bar 9:15 Chi Gung 10:30 Free Bread 11:00 Lunch 12:15 Chair Yoga 2:00 pm Medicare Lecture DESERT OASIS	2 9:00 Move Well Live Well Balance Class with Joshua 10:00 Pain & Disability Support Group 11:00 Lunch 11:30 Glass Painting Christmas Craft	3 9:00 ZUMBA 10:00 Office of Aging 60(+) FREE BUS PASSES 10:15 Pilates w/ Shawn 10:30 SCAN Medicare Info 11:00 Lunch 1:15 Chair Fitness	4 9:00 Move Well Live Well Balance Class with Joshua 10:00 Floor Confidence Exercise Class 10:30 Healthy Hands 11:00 Lunch 12:30 Line Dancing	5 9:15 Coffee 11:00 Lunch 12:30-5 pm Senior Club BINGO!	6 Dinner & Dance Featuring The Wrecking Crew Express 5:30-8:00pm Senior Center	
8 9:15 Hot Cocoa Bar 9:15 Chi Gung 10-12 Senior Benefit Assistance Program 11:00 Lunch 12:15 Chair Yoga 1:15 Fit & Firm	9 9:00 Move Well Live Well Balance Class with Joshua 9-12pm Susan's Sweater Sale 10:00 Healthy Hands 11:00 Lunch 11:30 Korean Drum and Dance activities with Yoon 1:00 Serenity Hospice Grief Support Group	10 9:00 ZUMBA 10:15 Pilates w/ Shawn 11:00 Lunch December's Birthday Celebration sponsored by Blhartz Insurance BIRTHDAYS 1:15 Chair Fitness	11 9:00 Move Well Live Well Balance Class with Joshua 10:00 Floor Confidence Exercise Class 10:30 Healthy Hands 12:30-1:30pm LINE DANCING	12 9:15 Coffee 11:00 Lunch 12:30-5pm Senior Club Bingo HAPPY FRIDAY!	13 9:15 Coffee 11:00 Lunch 12:30-5pm Senior Club Bingo HAPPY FRIDAY!	14 Santa Claus
15 9:15 Chi Gung 10:30 Free Bread 11:00 Lunch 12:15 Chair Yoga Nanasleigh 1:15 Fit & Firm with Shawn	16 9:00 Move Well Live Well Balance Class with Joshua 10:00 Pain & Disability Support Group 9:30 to 10:30 MOBILE FOOD PANTRY 11:00 Lunch 11:30 Adult Holiday Coloring	17 9:30 Christmas Craft 11:00 Christmas Lunch Karaoke Christmas Party 11:30-1:30pm with Troy Hbglund	18 9:00 Move Well Live Well Balance Class with Joshua 10:00 Floor Confidence Exercise Class 10:30 Healthy Hands 11:00 Lunch 12:30 LINE DANCING	19 9:15 Coffee 11:00 Lunch 12:30-5pm Senior Club Bingo	20 9:15 Coffee 11:00 Lunch 12:30-5pm Senior Club Time to Finish your Shopping	21 Time to Finish your Shopping
22 9:00 Ht Cocoa Bar 9:15 Chi Gung 11:00 Lunch 12:15-1:15 Chair Yoga w/Jing Ho Ho Ommm	23 Christmas Eve Senior Center Open 10am - 12pm FSA Lunch Program Only	24 Merry Christmas Senior Center Closed	25 Senior Center Open 10am - 12pm FSA Lunch Program Only	26 No Bingo Today Senior Center Open 10am - 12pm FSA Lunch Program Only	27 No Bingo Today Senior Center Open 10am - 12pm FSA Lunch Program Only	28 No Bingo Today Senior Center Open 10am - 12pm FSA Lunch Program Only
29 Senior Center Open 10am - 12pm FSA Lunch Program Only	30 Senior Center Open 10am - 12pm FSA Lunch Program Only	31 Senior Center Open 10am - 12pm FSA Lunch Program Only	2 Senior Center Reopens back to Normal Hours Programming Resumes on January 6th 11:00 Lunch	3 9:15 Coffee 10:00 Social Time 11:00 Lunch No BINGO!	3 9:15 Coffee 10:00 Social Time 11:00 Lunch	

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Lunch Program provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60+ voluntary donations accepted for lunch. - \$9.50 per meal will be charged for lunch participants age 59 and under -