



Yucca Valley Senior Center Activity Calendar



well hello march



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				HOURS OF OPERATION Monday - Thursday 9 am - 3 pm Friday 9 am - 1 pm		
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1 9:15 Coffee & News 10:00 Representative to answer your rate and sewer questions 11:00 Lunch 1-2pm Tai Chi	2 9:15 Coffee & News 10:00 SOCIAL/TV TIME 11:00 Lunch 12:30-4:30 SC BINGO 	3 9:00 DOHC Improve My Balance Class 10-11 DOHC Lecture 11-2pm Field Rep. from Assemblyman Chad Mayes off. 12-2pm Music by Joey Joseph and Cheryl	4 9:00 Job Fair for Census 2020 Taker 10:30 Office of Aging Bus Passes 11:00 Lunch 1-2pm Line Dancing 2:30-4:30 Tech Time for Seniors	5 9:15 Coffee Time 10:30 Free Bread Giveaway 11:00 Lunch 12-1pm Stretch N-Tone 	6 SENIOR CLUB Event WRECKING CREW EXPRESS 60's Party 6-8p
8 9:15 Coffee & News 10:00 Neighborhood Education 10:00 SCAN 11:00 Lunch 12-1pm Irish Dance Exercise w/Cooki 12-2pm Mexican Dominos 1-2pm Tai Chi	9 9:15 Coffee & News 10:00 SOCIAL/TV TIME 11:00 Lunch 12:30-4:30 SC BINGO 	10 9:00 DOHC Improve My Balance Class 10-11 DOHC Lecture Control Blood Pressure 10:00 Blhartz Insurance 11:00 Lunch 12-2pm Music-Dancing-Singing with Paul Gerkin 	11 9:15 Coffee & News 9:30-10:30 ZUMBA 10:00 Medicare Options- WELL CARE 11:00 Lunch 1-2p Line Dancing 	12 9:15 Coffee Time 10:30 Free Bread Giveaway 11:00 Lunch 12-1pm Stretch -n- Tone w/ Joy First day of Spring 	13 Irish Lunch 11:30-1pm- St Patrick Day Celebration With Bagpipe Entertainment
15 9:15 Coffee & News 10:00 Puzzles, Games & Social Time 11:00 Lunch 12-1pm Chair Yoga with Jing 1-2pm Tai Chi 	16 9:15 Coffee & News 10:00 SOCIAL/TV TIME 11:00 Lunch 12:30-4:30 SC BINGO 	17 9:00 DOHC Improve My Balance Class 10-11 DOHC Lecture Healthy Sleep 11:00 Lunch Levan Moment BIRTHDAY CELEBRATION SPONSOR 12:00-2p Piano Music by Norm Staddard 	18 9:15 Coffee Time 9:30-10:30 Zumba 11:00 Lunch 1-2pm Line Dancing 2:30-4:30 Tech Time for Seniors- Cell Phone & Laptop Help 	19 9:15 Coffee & News 10:00 SCAN 10:30 Free Bread Giveaway 11:00 Lunch 12-1pm Stretch -n- Tone w/ Joy First day of Spring 	20 Valley Square & Round Dancers Music, Singing, Squares & Rounds 6-8pm
22 9:15 Coffee & News 10:00 Anthem Insurance-Medicare 11:00 Lunch 12-2p Learn to Play Mexican Dominos 1-2pm Tai Chi 	23 9:15 Coffee & News 10:00 SOCIAL TIME 11:00 Lunch 12:30-4:30 SC BINGO 	24 9:00 DOHC Improve My Balance Class 10-11 DOHC Lecture Stroke & Heart Attack 12:00-2:00 pm MUSICIANS' OPEN JAM Bring Your Instruments and Have Some Fun	25 9:15 Coffee & News 9:30-10:30 Zumba 11:00 Lunch 12-1pm Regional Council of Aging Mtg 1-2pm It's Line Dance Time 	26 9:15 Coffee Time / News 10:00 SCAN 10:30 Free Bread Giveaway 11:00 Lunch 12-1pm Chair Yoga For Seniors 	27 28
29 9:15 Coffee & News 10:00 Puzzles & Games -Social Time 11:00 Lunch 12-1pm Dancing Fun & Exercise with Cooki 1-2pm Tai Chi Balance, Tranquility, Strength	30 9:15 Coffee & News 10:00 SOCIAL TIME 11:00 Lunch 12:30-4:30 SC BINGO 				March 8th

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60 + voluntary donations are accepted for lunch- \$7 per meal will be charged for lunch participants age 59 and under. Call for info!